Disability Pride Month:
Learn about Disabilities and Support Your Community

Gale Health and Wellness provides you with accurate and up to date content about physical, cognitive, and emotional disabilities through reference articles, news and magazines, academic journals, and multimedia materials. Use this tip sheet to learn how to navigate our platform and utilize our available research tools.

BROWSE

- Scroll down on the homepage and select **Diseases and Conditions**.
- Explore our topics. We highlight the topics most used within *Gale Health and Wellness*.
- Select a topic to be launched into the related content.

Pros: You do not have to develop your own search terms, the content is organized for you.

Cons: You will see a large list to weed through, and many topics are unrelated to disabilities.

**Suggested Use**: Use this workflow when you're not sure what to search for, or you're just exploring.
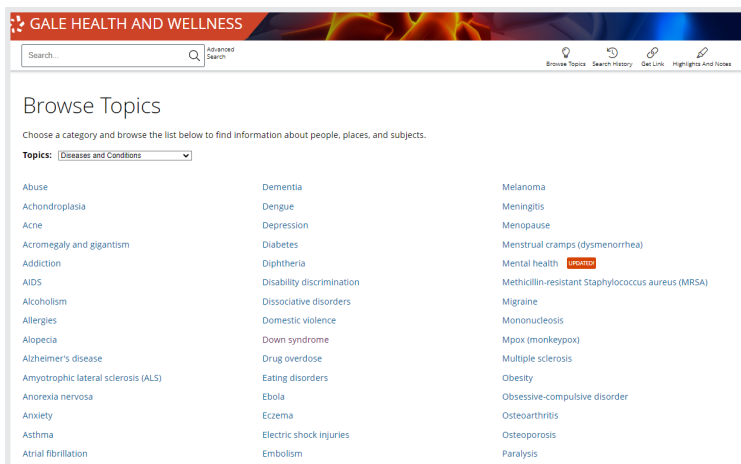
SEARCH

- At the top of the home page, you will find both a **Basic Search Bar** and an **Advanced Search** option.
- For a simple search, enter your search term in the **Basic Search Bar**. You could search for something like "Blindness" or "Americans With Disabilities Act".
- For a more detailed search using filters and limiters, select **Advanced Search**, type in your search term, and choose the limiters you want to utilize. As an example, you can narrow down to only seeing news reports.

Pros: You will see more precise results, and have the ability to choose what type of content you see.

Cons: You need to know ahead of time what you are looking for and develop a search term.

Suggested Use: Use this workflow when you know exactly what topic/content you are looking for.
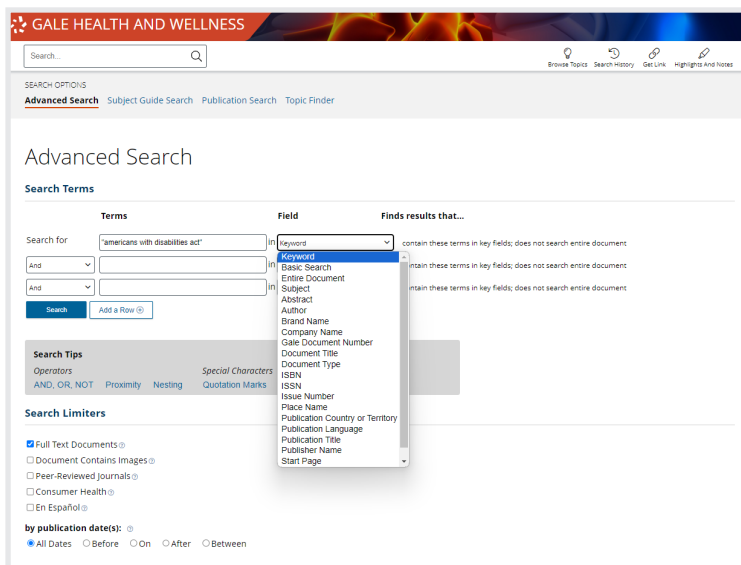
TOOLS TO SUPPORT YOUR RESEARCH

Translate: Translate both the platform navigation, and individual articles.

Listen: Have articles read aloud in over 50 languages.

Send To: Send information to your Google Drive or Microsoft OneDrive.

Citation: Access MLA, APA, Chicago, or Harvard citations for any entry.

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